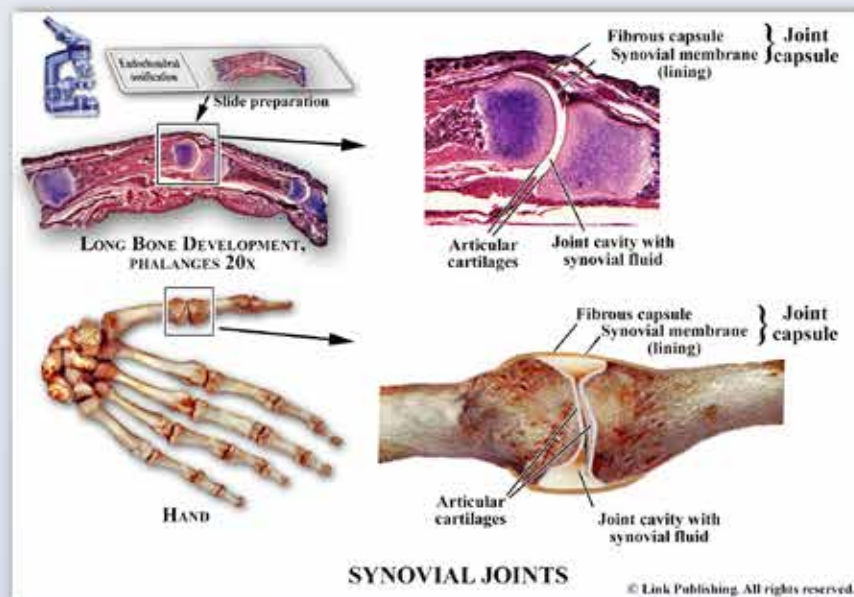


# ANATOMY AND PHYSIOLOGY TEXT and LABORATORY WORKBOOK

## CHAPTER 19 INTRODUCTION TO ARTICULATIONS



# TABLE OF CONTENTS

## ARTICULATIONS

<b>FUNCTIONAL CLASSIFICATION</b> .....	<b>5</b>
<b>STRUCTURAL CLASSIFICATION</b> .....	<b>5</b>
Learning Outcomes Review Questions .....	5
Practice Test 1 - INTRODUCTION TO ARTICULATIONS .....	5
<b>FIBROUS JOINTS</b> .....	<b>6</b>
Sutures .....	6
Lab Activity 1 - Observation of Sutures of Skull .....	7
Learning Outcomes Review Questions .....	8
Practice Test 2 - FIBROUS JOINTS - SUTURES .....	8
Gomphosis .....	9
Lab Activity 2 - Observation of Gomphoses of Skull .....	10
Learning Outcomes Review Questions .....	11
Practice Test 3 - GOMPHOSIS .....	11
Syndesmoses .....	12
Lab Activity 3 - Observation of Inferior Tibiofibular Joint .....	13
Learning Outcomes Review Questions .....	14
Practice Test 4 - SYNDESMOSES .....	14
<b>CARTILAGINOUS JOINTS</b> .....	<b>15</b>
Synchondroses .....	15
Lab Activity 4 - Observation of Sternocostal Joints .....	16
Learning Outcomes Review Questions .....	17
Practice Test 5 - CARTILAGINOUS JOINTS - synchondroses .....	17
Symphyses .....	18
Learning Outcomes Review Questions .....	18
Lab Activity 5 - Observation of Intervertebral Joints and Pubic Symphysis .....	19
Practice Test 6 - CARTILAGINOUS JOINTS - symphyses .....	20
<b>SYNOVIAL JOINTS</b> .....	<b>21</b>
<b>CLASSIFICATION OF SYNOVIAL JOINTS</b> .....	<b>22</b>
Uniaxial joints .....	22
Biaxial joints .....	22
Multiaxial joints .....	22
Nonaxial joints .....	22
Learning Outcomes Review Questions .....	23
Practice Test 7 - SYNOVIAL JOINTS .....	23
<b>TYPES OF MOVEMENTS</b> .....	<b>24</b>
<b>ANGULAR MOVEMENTS</b> .....	<b>24</b>
Flexion and Extension .....	24
Abduction and Adduction .....	25
Circumduction .....	26
Learning Outcomes Review Questions .....	27
Practice Test 8 - ANGULAR MOVEMENTS .....	29
<b>CIRCULAR MOVEMENTS</b> .....	<b>30</b>
Rotation .....	30
Learning Outcomes Review Questions .....	31
Practice Test 9 - CIRCULAR MOVEMENTS .....	31
<b>SPECIAL MOVEMENTS</b> .....	<b>32</b>
Elevation and Depression .....	32
Retraction and Protraction .....	32
Dorsiflexion and Plantar Flexion .....	32
Inversion and Eversion .....	32
Opposition .....	32
Learning Outcomes Review Questions .....	33
Practice Test 10 - SPECIAL MOVEMENTS .....	34

<b>SYNOVIAL JOINT TYPES</b> .....	<b>35</b>
Practice Test 11 - SYNOVIAL JOINTS .....	35
<b>NONAXIAL JOINTS</b> .....	<b>36</b>
Plane joints .....	36
Lab Activity 6 - Observation of Intervertebral joints .....	37
Lab Activity 7 - Observation of Proximal tibiofibular joint .....	38
Lab Activity 8 - Observation of Sacroiliac joint .....	39
Learning Outcomes Review Questions .....	40
Practice Test 12 - NONAXIAL JOINTS .....	41
<b>UNIAXIAL JOINTS</b> .....	<b>42</b>
<b>UNIAXIAL - HINGE JOINTS</b> .....	<b>42</b>
Lab Activity 9 - Observation of Elbow - Humeroulnar joint and Humeroradial Joints .....	43
Lab Activity 10 - Observation of Knee - Tibiofemoral and Femoropatellar Joints .....	44
Lab Activity 11- Observation of Ankle Joint - Tibia-Talus and Fibula-Talus Articulations .....	45
Learning Outcomes Review Questions .....	46
Practice Test 13 - UNIAXIAL HINGE JOINTS .....	47
<b>UNIAXIAL - PIVOT JOINTS</b> .....	<b>48</b>
Lab Activity 12 - Observation of Atlas (C1) and Axis (C2) - Atlanto-Axial Joint .....	48
Lab Activity 13 - Observation of Radius and Ulna - Proximal and Distal Radioulnar Joints .....	49
Learning Outcomes Review Questions .....	50
Practice Test 14 - UNIAXIAL PIVOT JOINTS .....	51
<b>BIAXIAL JOINTS</b> .....	<b>52</b>
<b>Condylar Joints</b> .....	<b>52</b>
Lab Activity 14 - Observation of Atlas and Occipital Condyles - Atlanto-Occipital Joint .....	53
Lab Activity 15 - Observation of Wrist - Radiocarpal Articulation .....	54
Lab Activity 16 - Observation of Knuckles - Metacarpophalangeal Joints .....	55
Learning Outcomes Review Questions .....	56
Practice Test 15 - BIAXIAL - CONDYLAR JOINTS .....	57
<b>Saddle Joints</b> .....	<b>58</b>
Lab Activity 17 - Saddle Joint - Carpometacarpal Joint .....	59
Learning Outcomes Review Questions .....	60
Practice Test 16 - BIAXIAL - SADDLE JOINTS .....	60
<b>MULTIAXIAL JOINTS</b> .....	<b>61</b>
<b>Ball-and-Socket Joints</b> .....	<b>61</b>
Lab Activity 18 - Observation of Hip (Coxal) Joint .....	62
Lab Activity 19 - Observation of Shoulder (Glenohumeral) Joint .....	63
Learning Outcomes Review Questions .....	64
Practice Test 17 - MULTIAXIAL JOINTS .....	65
<b>REPRESENTATIVE SYNOVIAL JOINTS</b> .....	<b>66</b>
<b>SHOULDER JOINT</b> .....	<b>66</b>
Lab Activity 20 - Observation of Shoulder Joint and Skeleton .....	66
Lab Activity 21 - Observation of Shoulder Joint and Ligaments .....	68
Learning Outcomes Review Questions .....	70
Practice Test 18 - SHOULDER JOINT .....	72
<b>ELBOW JOINT</b> .....	<b>73</b>
<b>Humeroulnar joint and Humeroradial Joints</b> .....	<b>73</b>
Lab Activity 22 - Elbow Joint and Skeletal Articulations .....	73
<b>Elbow Joint and Ligaments</b> .....	<b>75</b>
Lab Activity 23 - Observation of Elbow Joint and Ligaments .....	75
Learning Outcomes Review Questions .....	76
Elbow Joint and Skeletal Articulations .....	76
Practice Test 19 - ELBOW JOINT .....	79

<b>HIP (COXAL) JOINT</b>	<b>80</b>
Lab Activity 24 - Hip (Coxal) Joint and Skeletal Articulations	80
Hip Joint and Ligaments	81
Lab Activity 25 - Observation of Hip Joint	81
Learning Outcomes Review Questions	82
Hip (Coxal) Joint and Skeletal Articulations	82
Practice Test 20 - HIP JOINT	85
<b>KNEE JOINT</b>	<b>86</b>
Lab Activity 26 - Observation of Knee Joint, Tibiofemoral and Femoropatellar Joints	86
Patella	86
Lab Activity 27 - Observation of Knee Joint and Ligaments	87
Learning Outcomes Review Questions	89
Practice Test 21 - KNEE JOINT	92
<b>COPYRIGHT AND PRODUCT DETAILS</b>	<b>93</b>